



## Confirmation of the effectiveness of VR TierOne therapy



The effectiveness of VR TierOne therapy in reducing stress, symptoms of depression and anxiety was proven in randomized controlled trials involving 283 patients.

The effectiveness of the VR TierOne medical device was assessed on the basis of research in geriatric, cardiac, pulmonological and neurological rehabilitation departments.

The conducted research on the effectiveness of immersive virtual therapy was registered in the international clinical trial database ClinicalTrials.gov under the following titles and numbers:

- [NCT04047511](#) Immersive Virtual Therapy as a Method Supporting the Non-Farmacological Treatment of Late-Life Depression.  
**Area: Geriatric Rehabilitation**
- [NCT04313777](#) The Evaluation of Virtual Reality Therapy Efficacy in the Treatment of Depressive and Anxiety Symptoms in Patients With Coronary Artery Disease  
**Area: Cardiac Rehabilitation**
- [NCT04045977](#) Evaluation of the Effectiveness of Immersive Virtual Reality Therapy as a Method Supporting the Cardiac Rehabilitation.  
**Area: Cardiac Rehabilitation**
- [NCT04601545](#) The Evaluation of the Efficiency of Immersive Virtual Reality Therapy as a Pulmonary Rehabilitation Supporting Method.  
**Area: Pulmonary Rehabilitation**
- [NCT03830372](#) Evaluation of the Effectiveness of the VRTierOne Virtual Therapeutic Game as a Method Supporting the Post-stroke Rehabilitation.  
**Area: Neurological Rehabilitation**
- [NCT05285501](#) Immersive Virtual Therapeutic Garden as a Support for Late-Life Depressive Symptoms: a Randomized Clinical Trial  
**Area: Geriatric Rehabilitation**

The research was led by

A handwritten signature in blue ink that reads 'J. Szczepańska-Gieracha'.

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